



# Family Focused Recovery (FFR)

A residential substance use disorder (SUD) treatment for pregnant women and mothers with small children through innovative partnership with Humana.

Humana is providing Volunteers of America with direct investment, access to capacity-building services and innovative, outcomes-based financing to bring a new FFR program to Columbus, Ohio in early 2024.

## The Program

The Family Focused Recovery program provides residential treatment for pregnant women and mothers with substance use disorder (SUD), along with their children. The 26-bed program offers trauma-informed, evidence-based clinical services provided by licensed and trained treatment professionals with a focus on whole-family recovery. Family Focused Recovery helps women recover from SUD, breaks the cycle of addiction in families, improves health outcomes, and promotes the birth of healthy babies.



## Services

- Addictions treatment
- Recovery and peer support
- Medication Assisted Treatment (MAT)
- Parenting and life skills development
- Family Coaching
- Pregnancy and childbirth education
- Childcare
- Intensive outpatient services
- After care and community reintegration

## Family Focused Treatment Framework

*Comprehensive Treatment & Recovery Supports for the Whole Family\**



**SUBSTANCE USE DISORDER TREATMENT**

*\*Using American Academy of Addiction Medicine (ASAM) Criteria*



### Keeping Families Together

Family Focused Recovery allows women to have their children live with them during treatment.



### Lasts up to 80 Days

Supports resolution of medical and behavioral health conditions, and transitions to long-term housing.



### Helping Families Thrive

More than 100 women and their children will be served annually.

## Innovative & Evidence-Based Model

The Family Focused Recovery treatment model has two phases. Phase 1 is 30-45 days of intensive clinically managed residential treatment. Phase 2, the step-down phase, focuses on community reintegration with family-focused wrap-around services and outpatient treatment.

## Whole-Family Service Partners

Include housing, child development and child care, community reintegration, employment, medical, behavioral health, and pediatric care.

**Offer Hope   Restore Dignity   Transform Lives**



# The VOA Approach Works

## Goals

- **Women:** complete treatment early in pregnancy, secure employment, education & stable housing.
- **Newborn:** born full-term, with limited drug exposure, while in mother's custody.
- **Children:** reside or reunify with mother.

## High Level Impact

- Reduced incarceration
- Prevention of HIV and other STIs
- Reduction in the number of participant's children being placed into foster care
- Increased employment
- Reduction in NAS births, NICU stays, and health care costs associated with relapse

## Cost Savings

- Save on substance use disorder-related hospital costs for moms.
- Save on fewer NICU days for newborns.
- Save on foster care costs for children.

## Filling a Gap in the Community

The impacts of expecting mothers with SUD can affect whole families and communities – newborns suffer neonatal abstinence syndrome (NAS), minors enter the child welfare system, and mothers often lose custody of their children.

- Ohio has one of the highest rates of drug overdose deaths involving opioids in the U.S. which has been highly correlated to the high NAS birth rate. (CDC, Drug Overdose Deaths, 2019)
- The numbers of NAS births have seen an 8 ½ increase in rate of newborns exposed to opiates in the past eight years and NAS birth spend nearly doubled from 2016-2018.
- Columbus has the highest NAS birth rate of all major Ohio cities.



### Family Focused Residence

81 S. 5th Street  
Columbus, OH 43215

Opening Early 2024

**\$1 Million**  
One-time capital  
funds needed for  
building renovation

## Demonstrated Success & Replication

Volunteers of America has a successful track record already operating four (4) Family Focused Recovery programs in Indiana called Fresh Start Recovery Center, which will be replicated in Columbus, Ohio.

## Capital Funding & Humana Outcomes Based Financing

- **Capital Investment Funds**
  - o Humana direct investment: \$1.4M for acquisition, renovation, and furnishing of new FFR facility.
  - o Ohio Governor Mike DeWine signed Executive Order 28D in December 2019, directing Temporary Assistance for Needy Families (TANF) program, allocating \$50,000 for FFR program in Ohio.
- **Operating Support**
  - o Ohio Department of Medicaid
  - o Humana outcomes based payments

## Contact

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## About Volunteers of America

Volunteers of America's mission is to transform lives and help people reach their full potential by offering hope and restoring dignity. Our vision is a world where all people live in safety, with social, emotional and physical well-being, spiritual fulfillment, justice and hope.