The Homestead at Rochester is a Volunteers of America community. Founded in 1896, Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Through hundreds of human service programs, including housing and health care, Volunteers of America touches the lives of more than 2 million people each year.

The Homestead at Rochester
1900 Ballington Boulevard NW
Rochester, MN 55901
507.535.2000
www.thehomesteadatrochester.org
The Homestead at Rochester and Rochester Rehabilitation and Living Center make up a premier living and health care campus, uniquely organized to offer you apartment-home living, health care services, short-term rehabilitation and an array of amenities and conveniences. At The Homestead, your living and care experience is your choice.

The Grove and The Woodlands — Independent Living

Spacious and sensibly planned one- and two-bedroom apartment homes accommodate whatever your day may bring. Each home features a great room, ideal for entertaining friends or enjoying a quiet evening at home. Generous closet space and in-home washer and dryer keep everyday living in mind. Formal dining rooms, sunrooms, master baths and breakfast nooks are additional features included within select floor plans.

When larger gatherings are in order, the private dining room offers plenty of space for shared meals. And the guest suite is a welcoming sanctuary for overnight visitors.

The Garden — Assisted Living

This is about sheer freedom—enjoying lifelong hobbies and trying new ones. Having the confidence to do what you like, knowing qualified, caring staff are available to support you 24 hours a day, seven days a week. At The Garden, your personal care plan will provide you with the exact services you need to maximize your independence. Choose from one- or two-bedroom apartment homes, each boasting an open kitchen and living room space that flows beautifully. Hospitality services, such as weekly housekeeping and restaurant-style meals, are included.

The Meadow — Memory Support

From purposeful interior design elements to exceptionally attentive care, The Meadow was created to nurture those with memory loss or dementia within a controlled-access setting. The specially trained staff delivers focused, 24-hour care, encouraging residents to feel comfortable and secure. Practical daily activities promote a sense of usefulness, and intimately-sized studio and one-bedroom residences offer comfort, space and privacy. Family-style dining, a TV lounge, a great room with gas fireplace and an adjoining courtyard all provide welcoming opportunities to relax and connect with friends.
The Prairie — Rehabilitation and Living Center

The inviting settings of Rochester Rehabilitation and Living Center’s short-term rehabilitation, memory support and long-term care neighborhoods feature lovely and spacious private suites, each with kitchenette and private or shared bath. Each neighborhood offers a comfortable great room and stylish dining area where delicious menu selections are served restaurant style by our chef-led culinary team. State-of-the art technology throughout each neighborhood allows caregivers and staff to provide you advanced levels of health care services.

Short-term Rehabilitation

Whether you’re recovering from injury, illness or a surgical procedure, short-term rehabilitation provides a bridge to help you return home as quickly and safely as possible. Based on your condition, your age and your normal level of activity, our Optimal Care team of nurses, rehab therapists, culinary and social services professionals—in collaboration with your physician—will customize the care plan that assists you toward discharge. Specially trained health care professionals provide complex care and management of medical conditions such as cardiac, orthopedic or neurological diagnoses. Physical-, occupational-, speech- and other therapies are offered in our state-of-the-art rehab clinic, complete with barrier-free lift system.

Memory Support

We’re devoted to caring for people with many kinds of cognitive loss through coordinated health care, empathetic, personal attention and thoughtfully planned social interaction. Individuals living with us are encouraged to maintain a level of independence and to retain, perhaps even improve, many skills. Rochester Rehabilitation and Living Center’s Memory Support Program resides within a tranquil, safe and dignified managed-access household. There, residents enjoy activity-focused care, including skilled nursing and Validation communication. Validation helps calm people with memory impairment when they become disoriented. Volunteers of America is an Authorized Validation Organization (AVO).

Long-term Care

Within our care community, you matter as an individual. Here, your care-team members assist you in remaining as independent as possible, partnering with you so you may exercise choices in your care, and in how you go about your day. Learning about you, what helps you feel well—and even well-rested—is a priority. In addition to nursing provided 24 hours a day, seven days a week, you also may receive care from our consulting physician and nurse practitioner team or physical-, occupational- and speech therapists.
High Pointe Senior Community

The Homestead at Rochester community includes High Pointe, which features two residences that cater to those with qualifying age and HUD income requirements. One-bedroom apartment homes are warm and inviting, with all the freedom and amenities you would expect of an apartment lifestyle. Beyond your door, enjoy the fireside room with library, fitness room and computer lab. The backyard garden, landscaped front rotunda and white Colonial architecture add aesthetic appeal to this wise lifestyle choice. Please call 507.282.8385 for more information.

Village Green

The heart of any community is the place where neighbors gather—where they can chat, read the paper or run errands. At The Homestead at Rochester, that place is called Village Green. It’s where all the necessities of life and many of its pleasures are found, right within your own neighborhood.

Meet your friends for coffee or ice cream at the market, enjoy a little friendly competition in the clubroom or billiards parlor—it’s all part of the fun. Village Green also features a beauty and barber shop, chapel and community room. Underground parking complete with a carwash bay and storage lockers is an additional touch that makes life conveniently refined at The Homestead.

For more information about The Homestead at Rochester, please call 507.535.2000 or visit www.thehomesteadatrochester.org