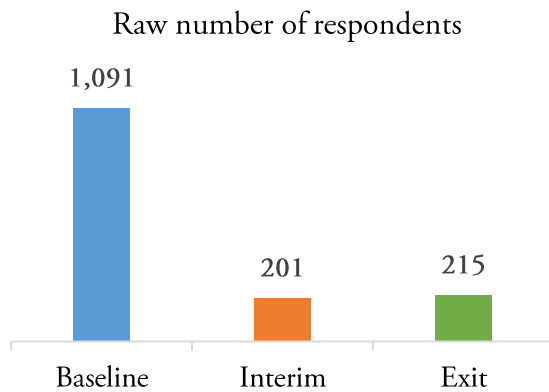




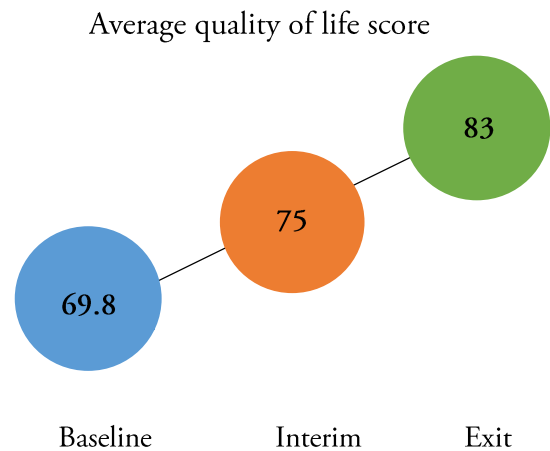
## Measuring Wellbeing among VOA's SSVF Program Participants: Year One Results from the Flanagan Quality of Life Survey

This update covers survey information from January 1, 2015 to December 31, 2015. Most affiliates participating in the survey are included in this overall update. The survey captures changes over time in participants' physical and material wellbeing, interpersonal relationships, and levels of community engagement and fulfillment. The goal of the study is to understand the overall impact of SSVF programs on participants' wellbeing by monitoring their changing needs over the course of the program.

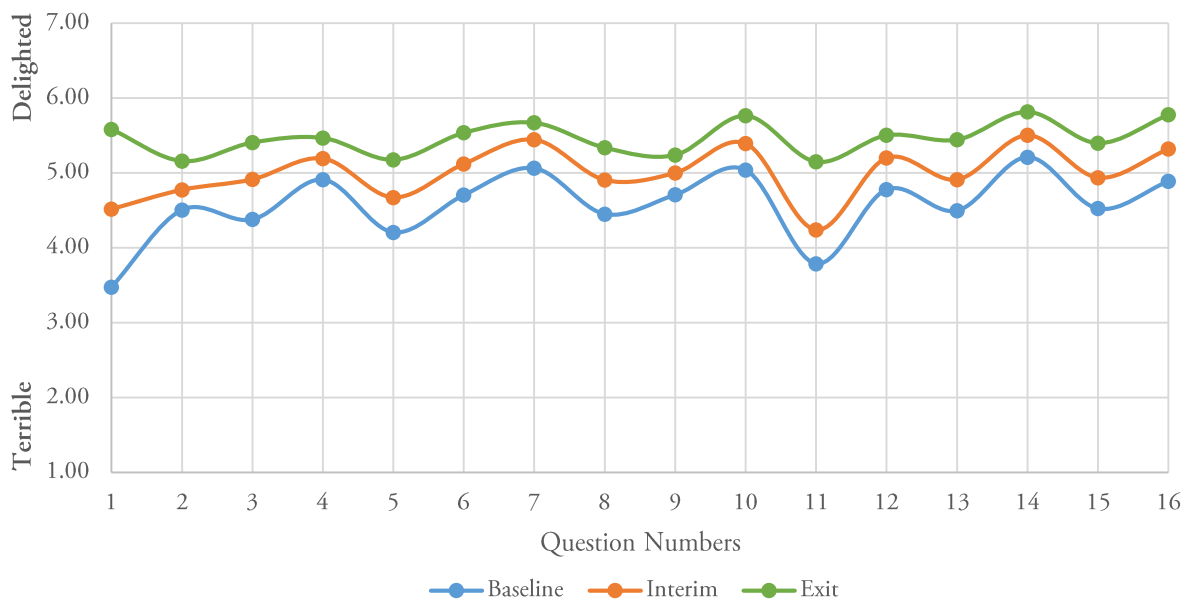
**Affiliates included in this update:** Mid-States, Northern California and Northern Nevada, Greater New York, Greater New Orleans, Pennsylvania, Los Angeles, Chesapeake, Carolinas, Florida, Greater Ohio, and Southeast.



Number of overall participants for each survey.



Average response scores per question at baseline, interim, and exit points



Remember to keep administering surveys!



# Measuring Wellbeing among VOA's SSVF Program Participants: Year One Results from the Flanagan Quality of Life Survey

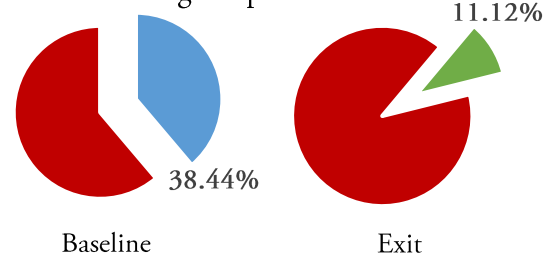
## Change in average response to all questions across surveys

	Baseline Average	Change from Baseline to Interim	Change from Interim to Exit	Overall change from Baseline to Exit
Q1. Material comforts, home, food, conveniences, financial security, etc.	3.48	+1.04	+1.07	+2.11
Q11. Work- job or in home	3.79	+0.45	+0.91	+1.36
Q3. Relationships with parents, siblings, and other relatives- communicating, visiting, helping, etc.	4.38	+0.54	+0.49	+1.03
Q5. Close relationships with spouse or significant other	4.21	+0.47	+0.50	+0.97
Q13. Socializing- meeting other people, doing things, parties, etc.	4.5	+0.42	+0.53	+0.95
Q16. Independence, doing for yourself	4.89	+0.43	+0.46	+0.89
Q8. Participating in organizations and public affairs	4.45	+0.46	+0.43	+0.89
Q15. Participating in active recreation	4.52	+0.41	+0.46	+0.87
Q6. Close friends	4.70	+0.42	+0.42	+0.83
Q10. Understanding yourself- knowing your assets and limitations- knowing what life is about	5.04	+0.36	+0.37	+0.73
Q12. Expressing yourself creatively	4.78	+0.42	+0.30	+0.72
Q2. Health	4.51	+0.27	+0.38	+0.65
Q7. Helping and encouraging others, volunteering, giving advice	5.06	+0.38	+0.23	+0.61
Q14. Reading, listening to music, or observing entertainment	5.21	+0.29	+0.31	+0.61
Q4. Having and rearing children	4.91	+0.28	+0.27	+0.56
Q9. Learning- attending school, improving understanding, getting additional knowledge	4.71	+0.29	+0.24	+0.53

### Follow-up surveys

- Number of potential follow-up participants: 42 (19.5% of those who completed the exit survey)
  - Unreachable: 22 (52.4%)
  - Not interested: 5 (11.9%)
  - **Completed: 15 (35.7%)**
- **Average QoL score: 49**
- All completed follow-ups are from **Mid-States**
- All average responses have dropped dramatically below exit survey responses
- Many participants are still in need of assistance and are interested in reconnecting with their affiliates, but for various reasons have been unable to.

### Average response rates



Number of surveys completed compared to participants entering and exiting the program.

### Recommendations

- Have affiliates conduct follow-up surveys?
  - Allows reconnection between participants and affiliates if they may still need help
- Present the Flanagan survey as a part of paperwork for every client possible, while still maintaining that it is optional
- **If you have any recommendations, please let us know!**

**Remember to keep administering surveys!**