



Volunteers
of America®

AGING WITH OPTIONS™



82% of baby boomers expect to be providing care for a loved one

America's Caregiving and Aging Challenges: *Highlights of a Study Commissioned by Volunteers of America*

Volunteers of America has spent more than a century anticipating and adapting to the needs of the most vulnerable citizens. In preparation for the growing health care demands associated with an unprecedented rising number of aging individuals, we commissioned a study to determine the most challenging issues facing Americans regarding caregiving and aging. The findings from that study have validated Volunteers of America's Aging with Options™ initiative, which provides an integrated care and support system for older Americans and their caregivers.

75% of Americans want to remain in their home regardless of cost or need

A woman can expect to spend 18 years caring for a parent

66% of baby boomers feel they have not adequately prepared financially for the future

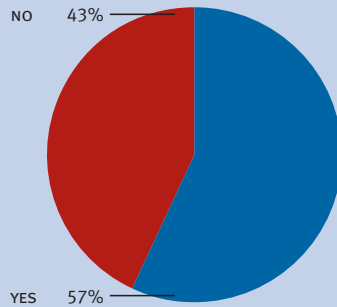
www.VolunteersofAmerica.org

Economic Issues

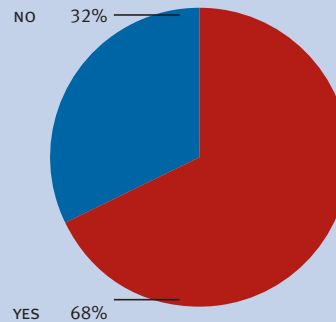
Among women caregivers, almost half (48%) say the recent economic downturn has made it harder for them to care for older loved ones.

ARE YOU WORRIED ABOUT SAVING FOR A FINANCIALLY SECURE RETIREMENT?

ALL WOMEN

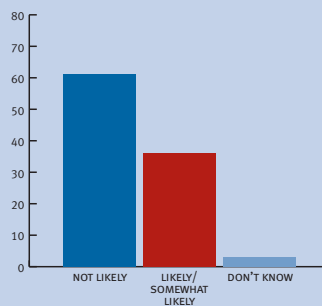


WOMEN CAREGIVERS

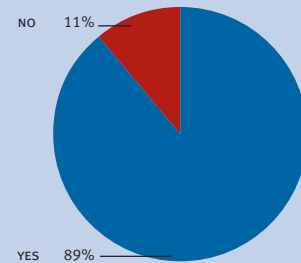


- Few caregivers, only 11%, are paid for the care they provide.
- These people are more likely to provide care to their mother or mother-in-law (52%), followed by a father or father-in-law (19%) or their own spouse or partner (10%).

WOULD YOU USE YOUR SAVINGS TO CARE FOR A LOVED ONE?



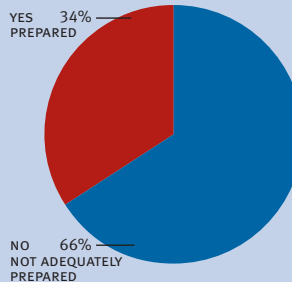
SHOULD CAREGIVING BE TAX DEDUCTIBLE?



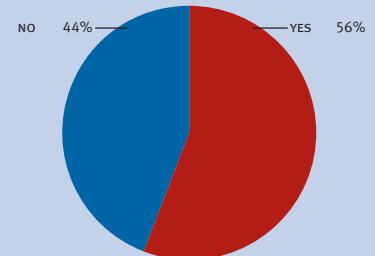
Lack of Planning

- A majority of baby boomers feel they have not prepared adequately for the future.
- Statistically 72% of Americans will need some level of care later in life.
- More than half of Americans ages 45-65, including current caregivers, have not prepared for the care they will require when they grow older.

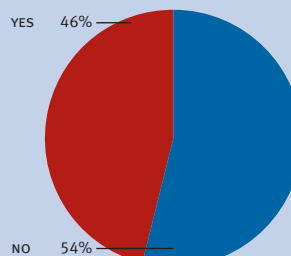
HAVE YOU PREPARED ADEQUATELY FOR THE FUTURE?



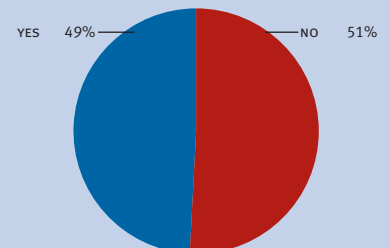
HAVE YOU TALKED TO YOUR FAMILY ABOUT YOUR CARE AS YOU AGE?



DRAFTED POWER OF ATTORNEY OR WILL



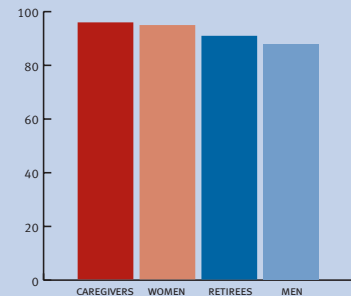
HAVE YOU DISCUSSED AGING WITH YOUR DOCTOR?



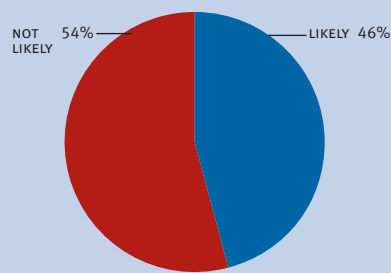
Desire for Independence

- Overwhelmingly, American baby boomers agree that older people should be allowed to age at home.
- 75% of those polled say they want to stay in their own homes when they are elderly, regardless of the cost or their needs.

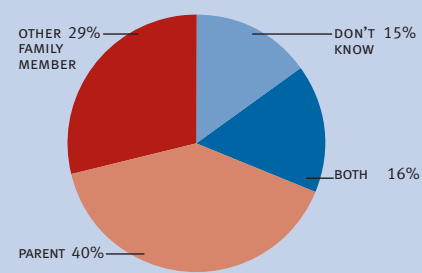
YES, SENIORS SHOULD BE ALLOWED TO AGE AT HOME



IS IT LIKELY YOU WILL BECOME A CAREGIVER IN THE FUTURE?



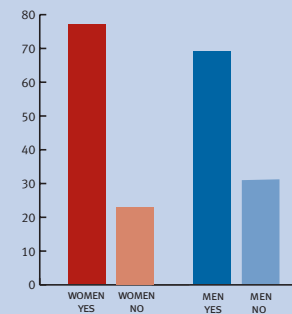
WHO DO YOU ANTICIPATE CARING FOR IN THE FUTURE?



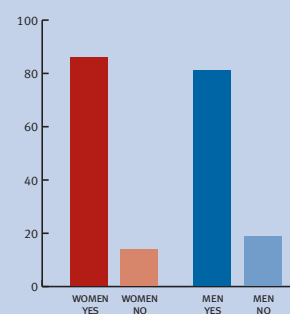
Workplace Flexibility

- Almost half of women ages 45-65 expect they will be called upon to provide care to an older family member at some point in the future.
- Among those women who anticipate needing to care for a loved one, that care would be provided to a:
 - 40% Parent
 - 29% Other family member
 - 15% Both
 - 16% Don't know
- The most common types of assistance include housework and cooking, followed by help with medical care and talking with doctors, transportation, and daily activities such as bathing, eating and getting dressed.

SHOULD PEOPLE RECEIVE PAID LEAVES-OF-ABSENCE TO CARE FOR AN ELDERLY FAMILY MEMBER?



YES, WORKPLACES NEED MORE FLEXIBILITY IN ALLOWING EMPLOYEES TO CARE FOR AGING FAMILY MEMBERS



Survey Methodology

Lake Research Partners, in partnership with American Viewpoint, surveyed 1,200 adults ages 45 and older nationwide, with an oversample of 250 adults ages 45-65 who provide care to an elder family member. The survey was conducted by telephone April 7-14, 2010. The sample was stratified by gender and geographically to reflect the population. The margin of error for the base is +/- 2.8%; the margin of error for the oversample of caregivers is +/- 4.4%.



Volunteers of America is a national, nonprofit, faith-based organization dedicated to helping those in need live healthy, safe and productive lives. Since 1896, our ministry of service has supported and empowered America's most vulnerable groups, including the frail elderly, people with disabilities, at-risk youth, men and women returning from prison, homeless individuals and families, those recovering from addictions and many others. Through hundreds of human service programs, including housing and health care, Volunteers of America helps more than 2 million people in over 400 communities. We offer a variety of services for older Americans, in particular, that allow them to maintain their independence and quality of life—everything from an occasional helping hand to full-time care. Our work touches the mind, body, heart—and ultimately the spirit of those we serve, integrating our deep compassion with highly effective programs and services. For more information about Volunteers of America, visit www.VolunteersofAmerica.org

AGING WITH OPTIONS™

As one of the largest nonprofit providers of affordable senior housing in the United States, as well as a leading nonprofit provider of skilled nursing care and assisted living, Volunteers of America believes our mission today is to rise to the challenge of caring for an aging America.

With today's advancements in health care and special emphasis on preventive care, older Americans are experiencing a future of better health and longevity. No matter what stage of aging, no matter what state of health, Volunteers of America can offer the right support at the right time. We have the expertise to coordinate all care and support necessary to meet each individual's needs, helping people maintain independence and self-sufficiency.

Building upon our long-established and trusted services for seniors, Aging with Options™ provides choices and support through each phase of life's journey. We do this through community engagement, home and community-based services and the PACE (Program of All-inclusive Care for the Elderly) model of care management.

Volunteers of America invites everyone into its circle of caring and supports every older adult's right to age in place surrounded by family and friends.

We invite you to join the conversation at
VolunteersofAmerica.WordPress.com



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